

No poison in the home!

10 ways to reduce the amount of harmful chemicals.

- Don't let the children play with old electronic equipment, imitation metal jewellery and items of artificial leather.
- Avoid soft plastic toys that are sticky, that smell, or that were made before 2007 (see overleaf).
- Buy textiles and clothes second-hand. If you buy new ones - wash them before use and preferably choose things with an environmental mark. Avoid clothes with heavy plastic printing and metal parts.
- Avoid furniture that is flameproof, dirt-repellent or made of artificial leather.
- Keep the electronic and plastic toys in the bedroom to a minimum.
- Choose organic food.
- Avoid heating, serving and keeping warm food in plastic and teflon. Instead use glass, china, cast iron or stainless steel.
- Choose foods in cardboard packaging or tins free from harmful biphenyls. Don't be afraid to ask in the shop!
- Use hygiene, washing and cleansing products that are environmentally marked and unscented.
- Keep dust away and ventilate frequently.

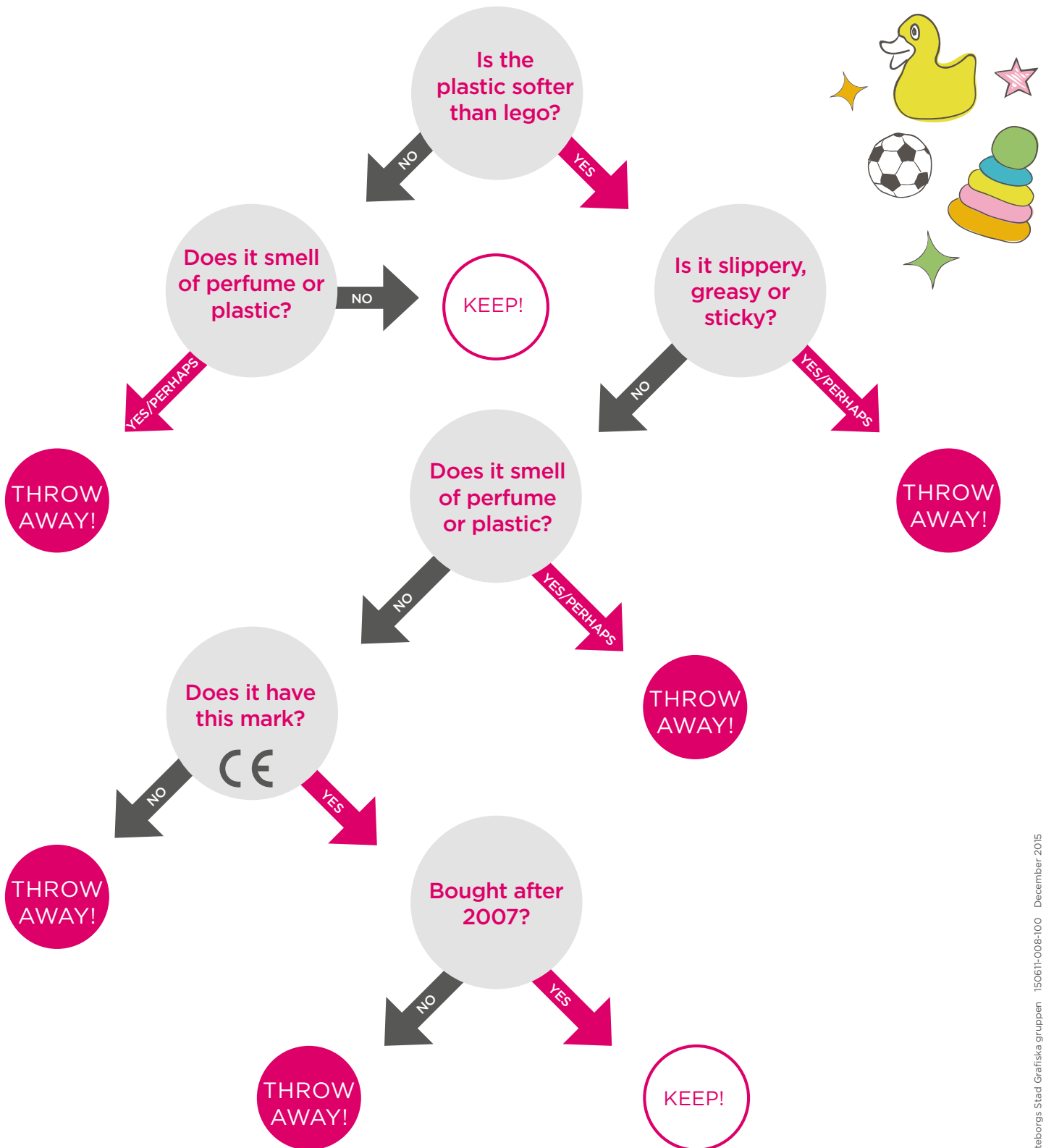


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www.goteborg.se/giftfriforskola



Göteborgs
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Sorting out the plastic toys



Remember

- that discarded plastic toys with built-in batteries should be sorted as electronic waste. Are you uncertain about where discarded stuff should be disposed of? See the sorting guide at www.goteborg.se
- that the CE mark may be found both on the toy and the packaging.