



Information from the City of Gothenburg by reason of Covid-19.

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By providing this information, the City of Gothenburg offers useful tips on what you can do this summer. You can also find out who you can contact if you need help or if you feel worried.

The summer will be different this year. We need to distance ourselves from each other if we are to slow down the rate of infection. And we must do so both indoors and outdoors – in shops, parks, and at bathing areas. We also need to rethink how we travel to avoid having lots of people in confined spaces.

It may be difficult, but we need to be persistent if we are to protect each other. It will make a difference if we all act responsibly.

There is a great deal to discover in Gothenburg. Feel free to visit locations near you. Hopefully, you'll find a new favourite place – indoors, outdoors, or perhaps digitally.

Thank you for your persistence and cooperation!

Together we will slow down the rate of infection

Help is available

If you are young

When school is closed you may miss your friends and your routines. If, for example, things at home are not as they should be and you feel insecure, you can contact your local young persons clinic or the Red Cross friend in need service.

Read more at goteborg.se/covid19ung

If you belong to a risk group

If you are over the age of 70, or if you belong to a risk group, a volunteer can help you to do the shopping.

Call 073-839 86 88.

If you have symptoms

Stay at home even if you feel that you only have a slight cold. For further information about Covid-19 and how to find the care you need, go to 1177.se or call 1177.

Everyone is entitled to live their life free of violence

Help is available if you feel insecure at home or if you are worried about someone close to you.

Read more at goteborg.se/valdochhot

Are you worried about your finances?

You can receive advice free of charge.

Read more at goteborg.se/privatekonomi or call 031-368 08 00.

Do you need to talk to someone?

The Red Cross has a Covid-19 helpline.

Read more at rodakorset.se or call 0771-900 800.

Discover something new

Here you can find tips and inspiration.

- The Tourist Information Office at Kungssportsplatsen is open all summer. Call 031-368 42 00.
- Read more about experiences and activities for all ages at:
kalendarium.goteborg.se
goteborg.com/upplevdittgoteborg

City of Gothenburg apps

- **Badplatsen** shows the municipal bathing areas and swimming pools.
- **Biblioteket** brings all the 25 libraries in the city to you on your mobile.
- **Lekplatsen** provides tips about new fun places to play.
- **Nextbike** helps you rent a bike from Styr & Ställ.
- **Parkering Göteborg** shows you where you can park and how many free spaces there are.
- **Trafiken.nu** Gothenburg helps you plan your journey by car or bike and avoid congestion.
- **Västtrafik ToGo** helps you plan your journey by public transport.

Remember

- Act responsibly by following official recommendations. Remember that the advice could change.

- Walk or cycle if you don't plan to go too far. Avoid travelling by public transport in Gothenburg.
- Check current opening hours and make sure the activity you are planning to go to has not been cancelled.
- Take your refuse with you. Bear in mind the risk of fire and areas where open fires are banned.

Experience your very own Gothenburg

Activities for children and young people.

The City of Gothenburg and many associations offer a whole range of activities. The majority are free of charge: goteborg.se/sommarlov

Outdoor exercise

Walk, test the outdoor gym, or join a free group training session: goteborg.se/aktiveradig

Gothenburg library

Borrow books, music, films, newspapers, and games. Everything is free of charge and a great deal is available digitally: goteborg.se/bibliotek

Art Map Gothenburg

Discover outdoor works of art near you: goteborgkonst.se/konstkartan

City museums

Experience design, handicrafts, art, and history. Free admission if you are under 25: goteborg.se/museer

Get out and enjoy nature

Visit parks, gardens, and nature areas:
goteborg.com/parker-och-tradgardar
goteborg.se/utochnjut

Contact

- goteborg.se
- 031-365 00 00
- goteborg@goteborg.se
- facebook.com/goteborgsstad

City of Gothenburg newspaper

vartgoteborg.se

Information about Covid-19

- krisinformation.se

- 1177.se

Information in other languages

- krisinformation.se/languages
- Västra Götaland Region Covid-19 helpline – 08-123 680 00.

This folder is available at goteborg.se/covid19 in English, Finnish, Arabic, Persian, Somali, Bosnian, Croatian, and Serbian.

Keep your distance. You can make a difference.

Together we can slow down the rate of infection.