

Welcome to contact a caregiver advisor

For those who support a person under 65

Phone: 031-365 50 30

Email:

anhorigstod.under.65@funktionsstod.goteborg.se

For those who support a person over 65

Phone: 031-365 00 00, City of Gothenburg contact center. Ask for a caregiver advisor in the area where you or the person you care for lives.

For more information and contact details

visit goteborg.se/anhorigstodnaradig or scan the QR code below.



My contact

**Do
you support
anyone?
Caregiver support
is there for you!**

Are you supporting, helping or caring for someone close to you?

Do you have someone close to you who needs your help because of an illness, substance abuse, addiction, or a physical or mental impairment? This person can be a family member, relative, neighbor or a close friend. As a caregiver, you are important and your efforts make a real difference, but even you may need support from time to time.

Caregiver perspective

People who want to support, help or care for someone close to them should be offered various forms of support. The support measures are meant to make things easier for the caregiver, both physically, mentally, and socially. Considering the service they provide and the people they support, caregivers should be met with respect and regarded as a resource.

Our mission is based on chapter 13, paragraph 9 of the Social Services Act (Socialtjänstlagen):

”... shall offer support to those caring for someone close to them who is elderly, or someone who has a long-term illness or a disability.”

Would you like to talk to someone in your situation?

The City of Gothenburg has advisors to help caregivers with things such as counselling, seminars, training, family groups or just help to find the right resources.

Both you as a caregiver and the person receiving your help have the right to apply for support from a social worker. These include respite care at home, day activities and other types of support. If you need an interpreter of any kind, we can help you book one.

