

A good life for everyone
Support to carers of close persons



**Göteborgs
Stad**



Information om
anhörigstöd
på engelska.

Do you care for someone?

We are here to support you!

For those who care for a close person

Do you have a close person, young or old, who due to illness, substance abuse, addiction, physical or mental functional impairment needs your care?

The person you care for could be a family member, relative, neighbour, or a good friend.

As a carer, you are important and a great help! You may need support sometimes, too.

Our remit is based on Chapter 5, Section 10 of the Social Services Act "The social welfare board shall provide support to help those persons who care for a close person who has a prolonged illness, who is old, or who supports a close person with a functional disability."

You can read more about support of close person carers here:

www.goteborg.se

www.socialstyrelsen.se

Would you like to talk to someone about your situation?

The City of Gothenburg has members of staff who work with family caregiver support. You can contact them for information, advice, and assistance. Family caregiver support can take the form of discussions, presentations, training programmes, relatives groups, or help to find the right department or organisation. If you need an interpreter, we will make the necessary arrangements. Both care providers and care receivers are entitled to apply directly for assistance from social services. The help available can vary and includes home respite care, day centre activities, and other initiatives.

Support must be adapted to the individual.

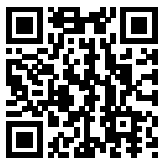


You are welcome to contact a family caregiver adviser

Further information about family caregiver support and other forms of support is available from our family caregiver advisers.

Telephone: 031-365 00 00 Contact Centre

If you support a person **under the age of 65** ask for a family caregiver adviser at the City of Gothenburg. If you support a person **over the age of 65** ask for a family caregiver adviser in the area in which you or your family member are living. You can also scan the QR code below or go to www.goteborg.se/anhorigstodnaradig to read more about family caregiver support. Choose “Kontakt” to find the contact details of a family caregiver adviser.



My contact

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